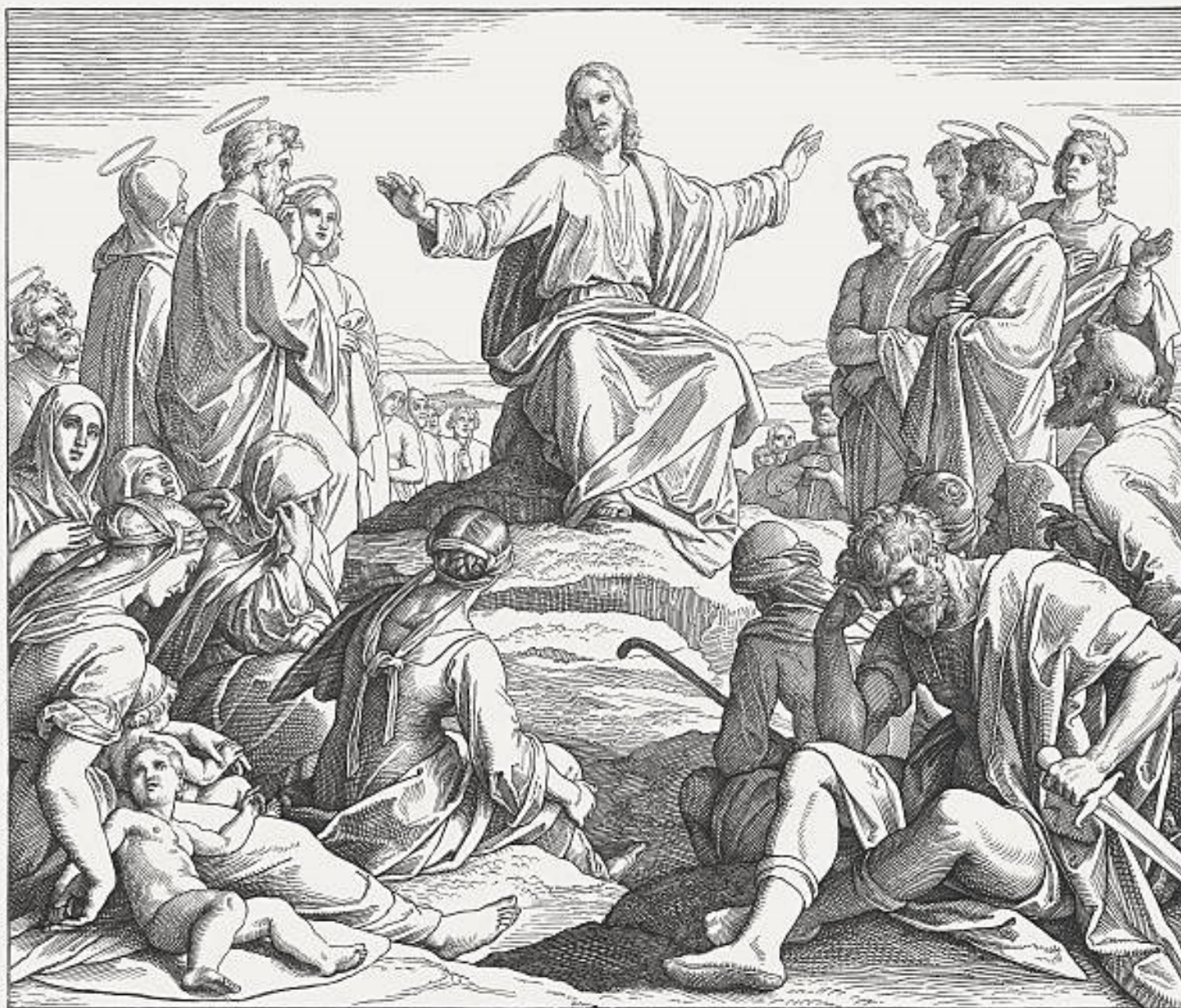


January 7, 2024 Jesus' Ministry Begins



Prayer for "Christian Unity"

The Anamosa Ministerial Association will sponsor a ***Prayer for Christian Unity*** service on Monday, Jan. 22, 2024, hosted at United Methodist Church beginning at 6 p.m. Dinner will be provided from 5-6 p.m. The offering gathered during the service will go to support the AMA Mental Health Reimbursement Program.

Supporting Mental Health in Anamosa....

The Anamosa Ministerial Association has developed a short-term mental health reimbursement program in conjunction with RISE Counseling & Consulting, PLLC to assist people requiring therapy services but may be unable to meet annual deductibles and copays, or are under-insured. We are making available \$250 per client per year. Melissa Paulson and her staff will assist you in applying for these funds when you arrange your appointments. We encourage everyone to ask for what you need to support your mental health.

Prayer opportunities at St Paul led by Pastor Rodney!

Drumming Circle: Join others in the church chapel from 5:30-6:30 pm the last Monday of the month for drum prayer (see dates below). 10 hand drums are available, first come, first to choose. We will begin with sharing gratitudes and intentions, then drum, ending with a drum wash to those who wish it.

Drumming is a form of contemplative prayer that invites us to be present to the Heartbeat of God. As we listen to and feel the drums, we experience the One pulse that gives rise to all the rhythms and energies of life. It is actually from the feminine energy of the divine that drumming emerges, and men drum to draw themselves from the head into the heart, seeking harmony.

Upcoming dates for 2024 will be: Mondays, Jan. 29, Feb. 26, March 25, April 29, May 27

Create some intentional time for Focused Communal Silence (Meditation) - The benefits of meditation are real, but it is often difficult to make room for silence in our lives. Communal accountability can help uphold the commitment. Join with others in the St Paul Church on Monday and/or Thursday mornings, 6:30-7:00 a.m. for Meditation Prayer. We will pray out loud the Welcoming Prayer, have 21 minutes of silent meditation, then close with the Cantic of Simeon.

Please Pray for the Following

(Why people want prayers isn't important, *the prayers are!*)

We pray for all who need healing, strength or comfort especially Frankie McDonnell (grandson of Betty Hunter). For peace in our nation & world, for safety in our schools and communities and for those seeking a safe home. To add a name call or email Kathy at 319-462-4841/ stpaulanamosa@gmail.com. Names will be listed for 4 weeks and may be renewed.

Next Week January 14th Readings

Mark 2:1-22

Psalms 103:6-14

GriefShare is available upon request. Please contact Nancy Douglas if interested 319-551-3358.

AA meets in the lower level of the CE building on Tuesday evenings at 7:00 pm.

Jones County Food Bank: Help is always needed at the Jones County Community Food Bank - food and funds have fallen critically low. For the last few months, the number of families and individuals requesting foods has been increasing and the shelves are almost bare. Funds are also being diminished by the demands of purchasing food at higher prices.

To donate money, checks may be written to Jones County Community Food Bank and mailed to 105 Broadway Place, Anamosa IA 52205. Items needed this week: Peas, pancake mix and syrup, canned tuna, Mac & Cheese and

Recorded services are found on St. Paul website, YouTube page or Facebook page.

National Suicide Prevention Lifeline
Available 24 Hours
Languages: English, Spanish
800-273-8255

Bread Bakers:

January: Darla Algoe
February: Valerie Lambertsen
March: Staci Sullivan

Deliver Food to Food Bank:

January: Barb Kleis
February: Ralph & Sandy Andresen
March: Myra Powell

Wednesday, January 3

- 8:00 am Men's Worship Group—CE Building
- 6-7:30 WD4

* 6:00pm Evening Service

Comm Prep: Barb Kleis
Greeters: Summer Parks
Readings: Summer Parks
Prayers: Beth Hora
Comm Server: Beth Hora
PowerPoint: Myra Powell

Sunday, January 7

* 8:00 am Service

Comm Prep: Jeff/Kristi Fortune
Greeter: Orlyn/Kathy Brunssen
Readings/Prayers: Virginia Danielson
Comm Server: Jeff/Kristi Fortune
PowerPoint: Shelby Hollett

*10:30 p.m. Service

Comm Prep: Barb Wilson
Greeter: Shaun Lambertsen Family
Readings/Prayers: Shaun/Valerie Lambertsen
Comm Server: Shaun/Valerie Lambertsen
PowerPoint: E. Lambertsen
Livestream: Dean L.

Tuesday, January 9

- * 1:30pm Scripture Study
- * 6:00pm Grief Support by request, call Nancy Douglas
- * 7:00pm AA—LL CE Building

Wednesday, January 10

- * 8:00 am Men's Worship Group—CE Building

* 6:00pm Evening Service

Comm Prep: Ken/Pam Humpal
Greeters: Ken/Pam Humpal
Readings/Prayers: Sara Chrisman
Comm Server: Ken Humpal
PowerPoint: WD4

Sunday, January 14

* 8:00 am Service

Comm Prep: Ed Gerst/Susan Koppenhaver
Greeter: Tom Sabotta/Sherri Evans
Readings/Prayers: Tom Sabotta
Comm Server: Ed Gerst/Susan Koppenhaver
PowerPoint: Linda Kenny

* 10:30am Service

Comm Prep: Paula Sisler
Greeter: Dan/Marilyn Lambertsen
Readings: Dan Lambertsen
Prayers: Paula Sisler
Comm Server: Aaron/Deb Zumbach
PowerPoint: G/L Chrisman
Livestream: Sebastian G.

Tuesday, January 16

- * 1:30pm Scripture Study
- * 6:00pm Grief Support by request, call Nancy Douglas
- * 7:00pm AA—LL CE Building

Wednesday, January 17

- * 8:00 am Men's Worship Group—CE Building

* 6:00pm Evening Service

Comm Prep: Paula Sisler
Greeters: Fred/Lindsey Austin
Readings/Prayers: Paula Sisler
Comm Server: Fred/Lindsey Austin
PowerPoint: Beth Hora

Mailing Address:
St. Paul Evangelical Lutheran Church
103 East Cedar Street
Anamosa, IA 52205



CALENDAR OF EVENTS FOR ST. PAUL LUTHERAN CHURCH

Jan 11	Dinner with Friends @ McOtto's
Jan 12	Winter Can Drive 3:00pm—6:00pm
Jan 13	Winter Can Drive 9:00am—12 Noon
Jan 22	Prayer for Christian Unity 6:00 pm @ United Methodist Church Dinner from 5-6 pm,
Jan 27	5th Annual Tie in your PJs Night
Jan 29	Drumming Prayer 5:30-6:30pm Church Chapel
Feb 11	Superbowl Subs

Dinner With Friends



Come to McOttos to join in some warm conversation while enjoying Dinner with Friends. Hope to see you on Thursday, January 11th at 5:00 p.m. Good food, good friends, good times always. Looking forward to seeing you!! If you have any questions, please call Sherri Evans at 319-981-0283.

January Birthdays

Micaela Stair	1/1
Larry Dougherty	1/2
Debbie Hardersen	1/2
Greg Heims	1/2
Deb Oltmann	1/4
Jeff Wilken	1/4
Bob Klinkkammer	1/6
Nora Loney	1/6
Dixie Rickels	1/7
Laura Niklasen	1/8
Kristi Grassfield	1/9
Kyle Weber	1/15
Doris Herren	1/16
Sean Hollett	1/19



Donna Martensen	1/19
Michele Lubben	1/20
Kristy Robertson	1/20
Darcie Tenley	1/23
Nancy Bickford	1/25
Christine Miller	1/25
Jenna Schmieg	1/27
Reva Van Antwerp	1/28
Eian Countryman	1/28
Gabe Countryman	1/28
Jay Willems	1/29
Scott Wheeler	1/30
Kent Reynolds	1/30
Maci Millard	1/31

ANAMOSA UNITED METHODIST CHURCH

CLOTHING CLOSET

(Located at 201 S. Ford St.)

OPEN TO THE PUBLIC EVERY
THURSDAY

FROM 9:00 AM to 4:00 PM

DROP OFF DONATED CLOTHING
DURING CHURCH OFFICE HOURS
MONDAY THROUGH FRIDAY
9:00 AM TO 2:00 PM



the nine key teachings of Jesus

radical **love**
lavish **generosity**
extravagant **forgiveness**
inclusive **hospitality**
compassionate **action**
selfless **service**
a passion for **justice**
creative **nonviolence**
simple **living**

Kurt Struckmeyer, An Unorthodox Faith

FOLLOWING JESUS

Fifth Annual Tie in your PJs Night

Come enjoy a Cozy night of helping make sure others are cozy during these cold winter nights! We will be making tie blankets for the Willis Dady Homeless Shelter in Cedar Rapids. You are welcome to come in your Pj's or however you are most comfortable. If you have a good pair of sewing shears please bring them to use. Also, if you would like to take a blanket home to tie and return, those will be available After January 27th. Please call Kaileen or the office to make arrangements to pick one up.

When: Saturday, January 27th

Time: 5:30pm

Where: Fellowship Hall

Spaghetti dinner will be provided

Kaileen's # (951) 553-5728

Office # (319) 462-4841



Super Bowl Subs February 11th

The Youth Gathering youth and families are excited to announce that we are taking Sign-Ups for Subs "To Go" for **Sunday, February 11th!** The cost will be \$7 and you will have your choice of a Ham or Turkey sub with cheese, lettuce & condiments, a bag of chips and a cookie. Please sign-up at the back of the vestibule or when you first walk into the C.E. building. Be sure to write your name and the # of meals you are purchasing and if you have paid. We also ask that you put down whether you are coming to pick up after the First service or Second so we can make sure they are ready to go. If you write a check please make it payable to St. Paul Lutheran Church and write Youth Gathering Subs in the memo line. If you have Any questions please reach out to Kaileen Weaver. Thank you for helping our youth be able to carry on our Mission here at St. Paul!

Deadline is: Monday, February 5th @ 2pm to be guaranteed a Sub

Double your 'do-good' – Help support our

Winter Can Drive

Drop off your cans & bottles:

**Friday January 12th 3 pm – 6 pm &
Saturday January 13th 9 am – 12 Noon**

201 N Ford St Anamosa

OR: Return your cans and bottles anytime

1. Return your Iowa deposit cans, PET bottles & glass bottles to your local Can Shed
2. When you get to the counter tell the staff member, you'd like the value of your return to go to St Paul's Youth Group
3. The staff member will write an invoice and ask you to sign it.
4. Feel good about supporting St Paul's Youth Group!

Find your nearest Can Shed location

www.canshed.com
319-366-1300

