



## January 14, 2024 Jesus Heals and Teaches



## **Prayer for "Christian Unity"**

The Anamosa Ministerial Association will sponsor a ***Prayer for Christian Unity*** service on Monday, Jan. 22, 2024, hosted at United Methodist Church beginning at 6 p.m. Dinner will be provided from 5-6 p.m. The offering gathered during the service will go to support the AMA Mental Health Reimbursement Program.

## **Supporting Mental Health in Anamosa....**

The Anamosa Ministerial Association has developed a short-term mental health reimbursement program in conjunction with RISE Counseling & Consulting, PLLC to assist people requiring therapy services but may be unable to meet annual deductibles and copays, or are under-insured. We are making available \$250 per client per year. Melissa Paulson and her staff will assist you in applying for these funds when you arrange your appointments. We encourage everyone to ask for what you need to support your mental health.

## **Prayer opportunities at St Paul led by Pastor Rodney!**

**Drumming Circle:** Join others in the church chapel from 5:30-6:30 pm the last Monday of the month for drum prayer (see dates below). 10 hand drums are available, first come, first to choose. We will begin with sharing gratitudes and intentions, then drum, ending with a drum wash to those who wish it.

Drumming is a form of contemplative prayer that invites us to be present to the Heartbeat of God. As we listen to and feel the drums, we experience the One pulse that gives rise to all the rhythms and energies of life. It is actually from the feminine energy of the divine that drumming emerges, and men drum to draw themselves from the head into the heart, seeking harmony.

**Upcoming dates for 2024 will be: Mondays, Jan. 29, Feb. 26, March 25, April 29, May 27**

Create some intentional time for Focused Communal Silence (Meditation) - The benefits of meditation are real, but it is often difficult to make room for silence in our lives. Communal accountability can help uphold the commitment. Join with others in the St Paul Church on Monday and/or Thursday mornings, 6:30-7:00 a.m. for Meditation Prayer. We will pray out loud the Welcoming Prayer, have 21 minutes of silent meditation, then close with the Canticle of Simeon.

## Please Pray for the Following

(Why people want prayers isn't important, *the prayers are!*)

We pray for all who need healing, strength or comfort. For peace in our nation & world, for safety in our schools and communities and for those seeking a safe home. To add a name call or email Kathy at 319-462-4841/[stpaulanamosa@gmail.com](mailto:stpaulanamosa@gmail.com). Names will be listed for 4 weeks and may be renewed.

*Next Week January 21st Readings*

*Mark 4:1-34*

*Psalm 126*

**GriefShare** is available upon request. Please contact Nancy Douglas if interested 319-551-3358.

**AA meets** in the lower level of the CE building on Tuesday evenings at 7:00 pm.

**Jones County Food Bank:** Help is always needed at the Jones County Community Food Bank - food and funds have fallen critically low. For the last few months, the number of families and individuals requesting foods has been increasing and the shelves are almost bare. Funds are also being diminished by the demands of purchasing food at higher prices.

To donate money, checks may be written to Jones County Community Food Bank and mailed to 105 Broadway Place, Anamosa IA 52205. Items needed this week: Peas, pancake mix and syrup, canned tuna, Mac & Cheese and

**Recorded services are found on St. Paul website, YouTube page or Facebook page.**

**National Suicide Prevention Lifeline**  
Available 24 Hours  
Languages: English, Spanish  
800-273-8255

### Bread Bakers:

January: Darla Algoe  
February: Valerie Lambertsen  
March: Staci Sullivan

### Deliver Food to Food Bank:

January: Barb Kleis  
February: Ralph & Sandy Andresen  
March: Myra Powell

### Tuesday, January 9

- \* 1:30pm Scripture Study
- \* 6:00pm Grief Support by request, call Nancy Douglas
- \* 7:00pm AA—LL CE Building

### Wednesday, January 10

- \* 8:00 am Men's Worship Group—CE Building
- \* **6:00pm Evening Service**  
Comm Prep: Ken/Pam Humpal  
Greeters: Ken/Pam Humpal  
Readings/Prayers: Sara Chrisman  
Comm Server: Ken Humpal  
PowerPoint: WD4

### Sunday, January 14

- \* **8:00 am Service**  
Comm Prep: Ed Gerst/Susan Koppenhaver  
Greeter: Tom Sabotta/Sherri Evans  
Readings/Prayers: Tom Sabotta  
Comm Server: Ed Gerst/Susan Koppenhaver  
PowerPoint: Linda Kenny

### \* 10:30am Service

Comm Prep: Paula Sisler  
Greeter: Dan/Marilyn Lambertsen  
Readings: Dan Lambertsen  
Prayers: Paula Sisler  
Comm Server: Aaron/Deb Zumbach  
PowerPoint: G/L Chrisman  
Livestream: Sebastian G.

### Tuesday, January 16

- \* 1:30pm Scripture Study
- \* 6:00pm Grief Support by request, call Nancy Douglas
- \* 7:00pm AA—LL CE Building

### Wednesday, January 17

- \* 8:00 am Men's Worship Group—CE Building
- \* **6:00pm Evening Service**  
Comm Prep: Paula Sisler  
Greeters: Fred/Lindsey Austin  
Readings/Prayers: Paula Sisler  
Comm Server: Fred/Lindsey Austin  
PowerPoint: Beth Hora\

### Sunday, January 21

- \* **8:00 am Service**  
Comm Prep: Jim/Dolores Albrecht  
Greeter: Mark/Rhonda Bickford  
Readings/Prayers: Virginia Danielson  
Prayers: Macen Garrett  
Comm Server: Jeff/Kristi Fortune  
PowerPoint: Grant Lubben

### \*10:30 p.m. Service

Comm Prep: Dave/Deb Oldham  
Greeter: Ben/Angie Coyle  
Readings/Prayers: Ben Coyle  
Comm Server: Angie Coyle/Dave/Deb Oldham  
PowerPoint: Addie Dales  
Livestream: Ingrid V.

### Tuesday, January 23

- \* 1:30pm Scripture Study
- \* 6:00pm Grief Support by request, call Nancy Douglas
- \* 7:00pm AA—LL CE Building

### Wednesday, January 24

- 8:00 am Men's Worship Group—CE Building
- 6-7:30 WD4
- \* **6:00pm Evening Service**  
Comm Prep: Darla Algoe  
Greeters: Darla Algoe  
Readings/Prayers: Darla Algoe  
Comm Server: Darla Algoe  
PowerPoint: Beth Hora

**Mailing Address:**

**St. Paul Evangelical Lutheran Church**  
**103 East Cedar Street**  
**Anamosa, IA 52205**



**CALENDAR OF EVENTS FOR ST. PAUL LUTHERAN CHURCH**

Jan 12	Winter Can Drive 3:00pm—6:00pm
Jan 13	Winter Can Drive 9:00am—12 Noon
Jan 15	Council Mtg 6:30pm
Jan 22	Prayer for Christian Unity 6:00 pm @ United Methodist Church Dinner from 5-6 pm,
Jan 27	5th Annual Tie in your PJs Night
Jan 29	Drumming Prayer 5:30-6:30pm Church Chapel
Feb 11	Superbowl Subs



A timely issue worthy of some reflection

Our Christian faith teaches us that everyone is created in God's image and commands us to love one another. As Americans, we value our system of government and the good that can be accomplished in our constitutional democracy.

Christian nationalism, a movement in the U.S., seeks to merge Christian and American identities, distorting both the Christian faith and America's constitutional democracy. Christian nationalism is an ideology that demands Christianity be privileged by the State and implies that to be a good American, one must be Christian. It is worth remembering that as Christians, we are bound to Christ, not by citizenship, but by faith. We hold that:

- People of all faiths and none have the right and responsibility to engage constructively in the public square.
- Patriotism does not require us to minimize our religious convictions.
- One's religious affiliation, or lack thereof, should be irrelevant to one's standing in the civic community.
- Government should not prefer one religion over another or religion over nonreligion.
- Religious instruction is best left to families, houses of worship, and religious institutions.
- America's historic commitment to religious pluralism enables faith communities to live in civic harmony with one another without sacrificing theological convictions or identity.
- Conflating religious authority with political authority oftentimes becomes idolatrous.
- We are called to resist Christian nationalism especially when it inspires acts of violence and intimidation—including vandalism, bomb threats, arson, hate crimes, and attacks on houses of worship—against religious communities at home and abroad.

America has no second-class faiths. All are equal under the U.S. Constitution. It is critical that we recognize when Christian nationalism is a distortion of the gospel of Jesus and a threat to American democracy.

If you would like to discuss this situation or share your thoughts, feel free to contact me. PRodney

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\* **Dear St. Paul Friends** \*  
\* ALY has recently received a Hunger Grant of \$1,500 in support of our Bishop's Ride \*  
\* Against Hunger. This is our 14<sup>th</sup> year of service to the Anamosa community's school \*  
\* students who are at risk or food insecure. \*  
\* St. Paul has provided space for the ALY storeroom for all of these years, and has \*  
\* provided members on the Board as well as many volunteers to pack and deliver the weekend \*  
\* meals. ALY has truly been an ecumenical community project and St. Paul is a generous \*  
\* partner. \*  
\* As an all-volunteer program, totally funded by gifts and grants, we are grateful for the \*  
\* support we receive. The combination of rising prices and the need to purchase additional \*  
\* food for the growing number of older students has made this gift of money especially \*  
\* timely. \*  
\* Our sincere thanks to you. \*  
\* ALY - Anamosa Lunches for Youth \*  
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## Fifth Annual Tie in your PJs Night

Come enjoy a Cozy night of helping make sure others are cozy during these cold winter nights! We will be making tie blankets for the Willis Dady Homeless Shelter in Cedar Rapids. You are welcome to come in your Pj's or however you are most comfortable. If you have a good pair of sewing shears please bring them to use. Also, if you would like to take a blanket home to tie and return, those will be available After January 27<sup>th</sup>. Please call Kaileen or the office to make arrangements to pick one up.

**When: Saturday, January 27th**

**Time: 5:30pm**

**Where: Fellowship Hall**

**Spaghetti dinner will be provided**

**Kaileen's # (951) 553-5728**

**Office # (319) 462-4841**



## Super Bowl Subs February 11th

The Youth Gathering youth and families are excited to announce that we are taking Sign-Ups for Subs "To Go" for **Sunday, February 11th!** The cost will be \$7 and you will have your choice of a Ham or Turkey sub with cheese, lettuce & condiments, a bag of chips and a cookie. Please sign-up at the back of the vestibule or when you first walk into the C.E. building. Be sure to write your name and the # of meals you are purchasing and if you have paid. We also ask that you put down whether you are coming to pick up after the First service or Second so we can make sure they are ready to go. If you write a check please make it payable to St. Paul Lutheran Church and write Youth Gathering Subs in the memo line. If you have Any questions please reach out to Kaileen Weaver. Thank you for helping our youth be able to carry on our Mission here at St. Paul!

**Deadline is: Monday, February 5th @ 2pm to be guaranteed a Sub**

Double your 'do-good' – Help support our

# Winter Can Drive

Drop off your cans & bottles:

**Friday January 12<sup>th</sup> 3 pm – 6 pm &  
Saturday January 13<sup>th</sup> 9 am – 12 Noon**

201 N Ford St Anamosa

OR: Return your cans and bottles anytime

1. Return your Iowa deposit cans, PET bottles & glass bottles to your local Can Shed
2. When you get to the counter tell the staff member, you'd like the value of your return to go to St Paul's Youth Group
3. The staff member will write an invoice and ask you to sign it.
4. Feel good about supporting St Paul's Youth Group!

Find your nearest Can Shed location  
[www.canshed.com](http://www.canshed.com)  
319-366-1300

