



March 17 , 2024 5th Sunday of Lent



Lent is Here!

The **Wednesdays of Lent** will be marked by two services with **Biblical Portrayals at 5:00 and 6:30 p.m.**

Noisy offerings will be taken up throughout Lent to support the ministry of ELCA World Hunger.

A light dinner will be served in the Fellowship Hall from 5:30-6:30 p.m. Donations are accepted and will go to support rent assistance in Jones County.



Devotionals based on the weekly Scriptures and written by ELCA World Hunger are available in the entrance of the church for you to take and use in faith sharing with your domestic church (i.e. at home), study group or in personal time.

Our Community Prayer for Lent will be borrowed from St. Therese Lisieux,

"Christ has no body but yours, No hands, no feet on earth but yours, Yours are the eyes with which he looks Compassion on this world, Yours are the feet with which he walks to

Easter Lily Orders

If you would like to order a lily to help beautify the sanctuary for Easter:

- Sign the paper that is on the table in the back of the church,
- Indicate who the lily is in honor of or in memory of,
- Put cash or a check payable to **Anamosa Floral** in the envelope that is attached to the paper. Lilies are \$13.

Deadline for ordering is Sunday, March 17th.



Volunteers will be packing ALY bags this Thursday at 10:00 a.m. in the lower level of the Ed building. If you are available, they could really use your help!!

Dinner With Friends

We all need to eat, so why not mark the date of Thursday, March 14th on your calendar and come out to Hale Tap to also enjoy time with friends? We plan to gather at 5:00 to share a meal and good conversation and hope to see you there!

Questions....Sherri Evans 319-981-0283



Please Pray for the Following

(Why people want prayers isn't important, *the prayers are!*)

We pray for all who need healing, strength or comfort especially for the family of Don Harmon. For peace in our nation & world, for safety in our schools and communities and for those seeking a safe home. To add a name call or email Kathy at 319-462-4841/stpaulanamosa@gmail.com. Names will be listed for 4 weeks and may be renewed.

GriefShare is available upon request. Please contact Nancy Douglas if interested 319-551-3358.

AA meets in the lower level of the CE building on Tuesday evenings at 7:00 pm.

Jones County Food Bank:

To donate money, checks may be written to Jones County Community Food Bank and mailed to 105 Broadway Place, Anamosa IA 52205. The ideal donation will enable a family to "make a meal," so items such as pasta and canned pasta sauce, canned tuna and/or chicken and/or beef, and Hamburger Helper items are great. Clients also like pancake mix and pancake syrup. Canned fruits or vegetables are great too. Personal care items are always welcome. Many people who don't use food stamps don't know that those on food stamps can't use that money for personal care items—only food. So, personal care items would be great — toothbrushes, toothpaste, toilet paper, facial tissue, tampons, diapers, etc. Giving is a great way of remembering our neighbors in need.

Recorded services are found on St. Paul website, YouTube page or Facebook page.

National Suicide Prevention Lifeline
Available 24 Hours
Languages: English, Spanish
800-273-8255

Bread Bakers:

March: Staci Sullivan
April: Kaileen Weaver
May: Pat Merritt

Deliver Food to Food Bank:

March: Myra Powell
April: Barb Kleis
May: Ralph & Sandy Andresen

Wednesday, March 13

* 8:00 am Men's Worship Group—CE Building

* 5:00pm Evening Service

Comm Prep: Ken/Pam Humpal
Greeters: Ken/Pam Humpal
Prayers: Paula Sisler
Comm Servers: Ken Humpal/Paula Sisler
PowerPoint: Myra Powell

* 6:30pm Evening Service

Comm Prep: Ken/Pam Humpal
Greeters: Gary/Carlene Vavricek
Prayers: Amy Fuller Belding
Comm Servers: Amy Fuller Belding/G/C Vavricek
PowerPoint: Beth Hora
Streaming: L. Chrisman

Sunday, March 17

* 8:00 am Service

Comm Prep: Jim/Dolores Albrecht
Greeters: Sherri Evans/Tom Sabotta
Readings/Prayers: Tom Sabotta
Comm Servers: Sherri Evans/Tom Sabotta
PowerPoint: Grant Lubben

* 10:30 p.m. Service

Comm Prep: Linda Kenny
Greeters: Ben/Angie Coyle
Readings/Prayers: Ben Coyle
Comm Servers: Angie Coyle/Sally Dales
PowerPoint: Addie Dales
Livestream: Ingrid V.

Wednesday, March 20

* 8:00 am Men's Worship Group—CE Building

* 5:00pm Evening Service

Comm Prep: Nancy Lyon Douglas
Greeters: Nancy Lyon Douglas
Prayers: Nancy Lyon Douglas
Comm Server: Cathy Crowe/Nancy Lyon Douglas
PowerPoint: Myra Powell

* 6:30pm Evening Service

Comm Prep: Nancy Lyon Douglas
Greeters: Fred/Lindsey Austin
Prayers: Lindsey Austin
Comm Server: Fred/Lindsey Austin
PowerPoint: Jayden Capron
Streaming: L. Chrisman

Sunday, March 24

* 8:00 am Service

Comm Prep: Ed/Jan Allaire
Greeters: Don/Deb Hardersen
Readings/Prayers: Don/Deb Hardersen
Comm Servers: Don/Deb Hardersen
PowerPoint: Linda Kenny

* 10:30am Service

Comm Prep: DJ/Donna Condry
Greeters: DJ/Donna Condry
Readings: Gary/Carlene Vavricek
Prayers: Paula Sisler
Comm Servers: Gary/Carlene Vavricek
PowerPoint: E. Giegerich
Livestream: Elijah S.

Mailing Address:
St. Paul Evangelical Lutheran Church
103 East Cedar Street
Anamosa, IA 52205



CALENDAR OF EVENTS FOR ST. PAUL LUTHERAN CHURCH

Mar 11-15	Kaileen on vacation
Mar 13	No WD4
Mar 13	Wednesday Lent with Biblical Portrayals at 5:00 pm & 6:30 pm
Mar 14	Dinner/Friends @ Hale Tap
Mar 17	Deadline to order Easter Lilies
Mar 18	Drumming Prayer 5:30-6:30 pm Church Chapel
Mar 18	Council Mtg 6:30 pm
Mar 20	Wednesday Lent with Biblical Portrayals at 5:00 pm & 6:30 pm
Mar 23	First Communion retreat 9-11 am
Mar 24	Palm Sunday
Mar 25	Drumming Prayer 5:30-6:30 pm Church Chapel
Mar 28	Maundy Thursday 6:30 pm service
Mar 29	Good Friday 6:30 pm service
Mar 31	Easter 8:00 am and 10:30 am Service 6:30 am Sunrise service TBD by forecast



Dear Community

We would love to work with you to bring your children, youth or young adults to communion with Christ when he/she is hungry and curious to know the love of Jesus in this way.

We feel strongly that Communion is Not defined at a specific age but rather when one is fully ready and aware and longing to take part in this Holy Sacrament.

Soon, we will be preparing those who are longing to receive First Communion on Maundy Thursday or the Sunday following Easter by gathering with you for a mini-retreat on **Saturday March 23rd (donuts offered)** in which we will talk about Christ's presence in the Eucharist, make a personal banner, and bake communion bread as an act of service for the whole community. If you have a child, youth or you personally feel ready to take part in this Sacrament or would like more information, please contact Kaileen Weaver by March 15th at (951) 553-5728 or cyfmstpaulanamosa@gmail.com



Clothes Closet Needs Help

Due to unforeseen circumstances, the church that was to supply volunteers for the Clothes Closet in March cannot do so. If there are any members of St. Paul who would want to help on the Thursdays in March, please text or call Jeannette Clayton at 319-560-1364. We only have 2 more Thursdays to go. Thank you!!



The family of Doris Herren would like to express our gratitude to Pastor Bluml for his kindness and support following the loss of our mother. The visitation and funeral service at St. Paul was a wonderful tribute to Mom's life and legacy. Also, a big thank you to the crew of volunteers who prepared and served food and drink to those attending the funeral luncheon. We appreciate all of you. —Family of Doris Herren

Prayer opportunities at St Paul led by Pastor Rodney!

Drumming Circle: Join others in the church chapel from 5:30-6:30 pm the ***third and fourth Mondays*** of the month for drum prayer (see dates below). 11 hand drums are available, first come, first to choose. We will begin with sharing gratitudes and intentions, then drum, ending with a drum wash to those who wish it.

Drumming is a form of contemplative prayer that invites us to be present to the Heartbeat of God. As we listen to and feel the drums, we experience the One pulse that gives rise to all the rhythms and energies of life. It is actually from the feminine energy of the divine that drumming emerges, and men drum to draw themselves from the head into the heart, seeking harmony.

Upcoming dates for 2024 will be: Mondays, March 18, 25, April 15, 22, May 20, 27, June 17, 24

Thrivent Members

Thanks to us, Thrivent Members, we've helped...

- Our young people go on life-changing mission trips
- To send hand crafted quilts into refugee camps
- To put school supplies into the hands of children
- To fund local organizations that care for our community

...and the list goes on. How did we do this? By building Thrivent Action teams and by donating our Thrivent Choice dollars to organizations of our choice, including St. Paul. March 31 is the deadline for donating our Choice Dollars for 2024. Please check with Thrivent by phone or online to see if you have Dollars to donate. Then make your choice. Thanks!

Cruisin' for Camp Courageous, Sunday, May 19th

The 37th Annual Cruisin' for Camp Courageous is Sunday, May 19th from 10:00 am to 4:00 pm. Admission is \$5 for adults, 12 and under are free. There is fun for the whole family.....silent and live auctions, camp activities, craft show, train rides, pinstriping demonstrations, food and music plus \$10 Zipline rides, games and more. If you have a car to enter in the show, registration is \$15/car from 8:00 am to Noon. The event will be held rain or shine. No alcohol or tobacco products are allowed on the grounds at Camp Courageous. Fun day for the whole family!!

Calling All Poets and Pray-ers!

With the spring season quickly approaching, I want to invite any of you who are inspired to do so to submit haiku poems to me for sharing in the Pulse's HAIKU CORNER. This form of poetry originating in Japan is a short, unrhymed poem that adheres to a specific three-line, seventeen-syllable format: the first line is five syllables, the second is seven syllables, and the third is five syllables. Traditionally, haiku are about nature and frequently reflect the changing seasons. Often, a haiku focuses on a single moment in time and, in many cases, juxtaposes two images. I use it as a spiritual practice, and I encourage you to try it as well. {if you share yours with me, I presume you give permission to print. blumlwa@gmail.com}. Don't be shy. Let's raise our poetic voices collectively to God!

Blankets of white light