



Prayer Concerns: Maggie McQuillen, Sharm Sisler, and all facing issues from the corona virus: sickness or social isolation, etc. (Names will be removed from the prayer list after four weeks unless there is a change in the person's condition. Requests need to be made by an immediate family member.)

Jones County Food Bank: To donate money, checks should be written to Jones County Community Food Bank and mailed to 105 Broadway Place, Anamosa IA 52205. Checks written to HACAP cannot be donated to the food bank! Julie Finn at HACAP is the only one working at this time. To visit the pantry or drop off food, you call 462-4343 to make an appointment.

Wayne Zion has a page with Jones County Food Banks. <https://waynezion.org/>

The Apostolic Assembly Church, Anamosa operates a food bank out of their church. THEY WILL HAND OUT FOOD TO ANYONE AT THE FOLLOWING TIMES AT THEIR CHURCH PARKING LOT. NO QUESTIONS ASKED

Every 2nd and 4th Saturday 10AM--12PM (as long as needed) Drive in, tell them how many in your household and they will give allotted amount and put it in your vehicle.

Forks and Friends will be adding a "packaged/pickup meal" date in April. They will be preparing take-out meals with prepackaged items. Pick up dates at UMC:

- *Thursday, April 9 from 5 PM to 6 PM
- *Thursday, April 23 from 5 PM to 6 PM

St. Paul is offering our Campership Program again this year to Children & Youth within our community. The Campership Program is intended to bring the camp experience to children and youth who would not otherwise have access to Camp EWALU. This is done through the award of **Camperships**, a scholarship to one of the Summer Camp Programs at EWALU. It includes partial tuition of \$100 for a camp program term per summer. EWALU offers programs starting with those completing 1st grade through those completing 12th grade.

- If you register through EWALU by April 20th they offer a \$15 discount
- They also offer a Sibling Discount of \$15 for each additional camper

Please email CYFM if you have any further questions or would like to inquire about a Campership for your child. cyfmlstpaulanamosa@gmail.com

Note from Camp EWALU: Events through April 30th are being postponed or canceled.

Summer camp will go on as planned at this time, with enhanced sanitation and health screenings for check-in. We are waiting and watching this situation unfold while listening to the recommendations from our governing bodies.

EWALU will post to their Facebook and website these changes.

St Paul Staff Emails and Phone Numbers

Pastor Rodney	blumlwa@gmail.com	(319) 389-6153
Nancy Douglas	njldouglas@hotmail.com	(319) 551-3358
Kaileen Weaver	cyfmlstpaulanamosa@gmail.com	(951) 553-5728
Barb Wilson	cyfmlstpaulanamosa@gmail.com	(319) 480-6031
Lois Ocenosak	stpaulanamosa@gmail.com	(319) 721-9893

Please call us if we can be of assistance to you. PLEASE leave a message if we cannot answer and we will return your call as soon as possible. We may be separated, BUT we are not alone!

St. Paul's Lutheran Church is hosting the upcoming Anamosa Community Blood Drive!

Sign up today to help our community get through this pandemic crisis. The need for blood is high and will continue to be so throughout the spring! See page 7 for information on how you can donate blood while staying safe.

Worship Guide for Holy Week & Easter, a three-day liturgy

(All songs in this publication are covered under our One License or CCLI licenses).

Maundy Thursday: During the day, go to www.stpaulanamosa.com, Media/Resources, 2020 Portrayals to view the portrayal of Mary, the Mother of Jesus, offered by Laura Secrist.

With nightfall our Lenten observance comes to an end, and we gather with Christians around the world to celebrate the Three Days of Jesus' death and resurrection. At the heart of the Maundy Thursday liturgy is Jesus' commandment to love one another. As Jesus washed the feet of his disciples, we are called to follow his example as we humbly care for one another, especially the poor and the unloved. At the Lord's table we remember Jesus' sacrifice of his life, even as we are called to offer ourselves in love for the life of the world.

In preparation: set aside 30 minutes - have your Bible nearby, light a candle, perhaps place a basin of water/jar/towel next to you.

Confession and Forgiveness: Friends in Christ, in this Lenten season we have heard our Lord's call to struggle against sin, death, and the demonic voices leading us to addiction—all that enslaves us and keeps us

from loving God and each other. This is the struggle to which we were called at baptism. Within the community of the church, God never wearies of forgiving sin and giving the peace of reconciliation. On this night let us name our addictions, confess our sin against God and our neighbor, and enter the celebration of the great Three Days reconciled.

Silence is kept for reflection and self-examination.

Most merciful God, we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have acted selfishly as we allowed stinking thinking to cloud our minds. We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace we have been saved. Our sin is forgiven. Holy Spirit strengthen us with power that Christ may live in our hearts through faith. Amen.

Prayer of the Day: Holy God, source of all love, on the night of his betrayal, Jesus gave us a new commandment, to love one another as he loves us. Write this commandment in our hearts, and give us the will to serve others as he was the servant of all, your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

First Reading: Exodus 12:1-4 [5-10] 11-14

Psalm 116:1-2, 12-19

Second Reading: 1 Corinthians 11:23-26

Gospel: John 13:1-17, 31b-35

Response to Scriptures: https://www.youtube.com/watch?v=PUT_rSXjXNY

The Basin and the Towel by Michael Card

And the call is to community In an upstairs room, a parable, Is just about to come alive

And while they bicker about who's best, With a painful glance, He'll silently rise Their Savior Servant must show them how, Through the will of the water And the tenderness of the towel

REFRAIN: And the call is to community The impoverished power that sets the soul free In humility, to take the vow That day after day we must take up the basin and the towel

*In any ordinary place, On any ordinary day The parable can live again, When one will kneel and one will yield Our Savior Servant must show us how, Through the will of the water And the tenderness of the towel The space between ourselves sometimes, Is more than the distance between the stars By the fragile bridge of the Servant's bow, We take up the basin and the towel **R***

Offer Prayers of Intercession: [for example] By the cross of Christ, mend the brokenness of the human family. Bring understanding and a spirit of cooperation to nations and communities in conflict and where there is suffering (especially). Dissolve distrust and transform our indifference into care for one another. Lord, in your mercy, Hear Our Prayer.

Offering {**please support the church's ministry**}

Conclude with the Our Father or the Serenity Prayer then remain in silence.

{other searchable songs for meditation – Taize =Where Charity and Love (*Ubi Caritas*), Hosea's song: Come Back to Me – Weston Priory, Create for Me, Psalm 51 by John Michael Talbot}

[Many will observe **Good Friday** as a time of fasting and stillness. Between noon and 3:00 p.m., pray the Welcoming Prayer, the Serenity Prayer, or the Our Father. Go to the parish website, Media/Resources drop down menu, Pastor's Sermons, and pray the litany of lament or supplication with Pastor Rodney. Then, at 3:00 p.m., we encourage you to engage this part of the liturgy if you are able. Whenever you do pray it, know you are in solidarity with countless others....] (Litanies can be found on pages 4 & 5) In preparation: set aside 45 minutes, have your Bible near you, light a candle, place a cross or crucifix in your line of sight; keep a

computer or smartphone handy. The liturgy continues: At the heart of the Good Friday liturgy is the passion according to John, which proclaims Jesus as a triumphant king who reigns from the cross. The ancient title for this day—the triumph of the cross—reminds us that the church gathers not to mourn this day but to celebrate Christ’s life-giving passion and to find strength and hope in the tree of life. In the ancient bidding prayer, we offer petitions for all the world for whom Christ died. This liturgy typically culminates in the Easter Vigil tomorrow evening.

Prayer of the Day: Almighty God, look with loving mercy on your family, for whom our Lord Jesus Christ was willing to be betrayed, to be given over to the hands of sinners, and to suffer death on the cross; who now lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

First Reading: Isaiah 52:13--53:12

Psalm 22

**Second Reading: Hebrews 4:14-16; 5:7-9
John 18:1--19:42**

Response to the Scriptures: go to www.stpaulanamosa.com, Media/Resources, 2020 Portrayals to view the portrayal of Judas Iscariot offered by Pastor Steve Dornbusch.

Prayers of Intercession: include in your prayers – the holy church throughout the world; our sisters and brothers who share our faith in Jesus Christ; parish staff, bishops, pastors, and deacons; the Jewish people; those who do not share our faith in Christ; those who do not believe in a higher power; Creation; those in public office; those in need and the vulnerable.

Take some time to meditate on the cross: attach the effects of your own sins and addictions to Christ’s suffering.

We Glory in your Cross Prayer: We glory in your cross, O Lord, and we praise your holy resurrection, for by the cross joy has come into the world. My God be merciful and bless us; may the light of your face shine upon us. Let your way be known upon earth, your saving health among all nations. We glory in your cross, O Lord, and we praise your holy resurrection for by your cross joy has come into the world. Let the peoples praise you, O God; let all the peoples praise you. Give us your blessing and may all the

ends of the earth stand in awe. We glory in your cross, O Lord, and we praise your holy resurrection, for by the cross joy has come into the world.

Silence

We adore you, O Christ, and we bless you. By your holy cross you have redeemed the world.

Were You There? *Oh were you there when they crucified my Lord x2*

Oooh sometimes it causes me to tremble, tremble, tremble

Were you there when they crucified my Lord. Were you there when they nailed him to the tree x2

Oooh sometimes it causes me to tremble, tremble, tremble

Were you there when they nailed him to the tree.

Were you there when they laid him in the tomb x2

Oooh sometimes it causes me to tremble, tremble, tremble

Were you there when they laid him in the tomb

Silence

Easter {find Pastor’s Sermons under Media/Resources tab on the parish website for a brief Easter liturgy}

In preparation: a bowl of water, bread, fruit of the vine, Bible, light a candle.

Thanksgiving for Baptism:

All may make the sign of the cross, the sign marked at baptism, as you pray:

Alleluia! Christ is risen. Christ is risen indeed. Alleluia!

Just as God’s work of creation never ends, so the gifts received in baptism are renewed every day.

Let us give thanks together for the life given in baptism. {pause}

We give you thanks, O God, for the waters of life: for water to bathe in, water to drink, for waters to play in and waters that inspire wonder; for water that gives life to our planet.

We give you thanks, O God, for the waters of

this place: for water from our tap, for rain [and snow], for the Wapsipinicon, Maquoketa, and Mississippi Rivers. We give you thanks, O God, for the waters of this place.

We give you thanks for your salvation through water: for delivering Noah and his family through the floodwaters, for leading your people Israel through the sea into freedom, for preserving your prophet Elijah through the time of drought, for guiding your people across the Jordan into a new land, for quenching the Samaritan woman's thirst with living water. We give you thanks for your salvation through water.

We give you thanks for the life of all the baptized and those who have been preparing for baptism, especially Marshall Fowler, and Curtis, Aydin, Naomi, and Bruce Weaver.

We give you thanks for life in Christ through your Holy Spirit: for our entry into Jesus' death through these waters, for our new birth into a life of freedom and service, for our calling to be your people, sent out for the life of the world. We give you thanks, blessed and holy Trinity, now and forever. Amen.

Sing, Jesus Christ is Risen Today

Jesus Christ is risen today, Alleluia!
 Our triumphant holy day, Alleluia!
 Who did once, upon the cross, Alleluia!
 Suffer to redeem our loss, Alleluia!
 Hymns of praise then let us sing, Alleluia!
 Unto Christ, our heavenly King, Alleluia!
 Who endured the cross and grave, Alleluia!
 Sinners to redeem and save, Alleluia!
 But the pain which He endured, Alleluia!
 Our salvation hath procured, Alleluia!
 Now above the sky He's king, Alleluia!
 Where the angels ever sing, Alleluia!
 Sing we to our God above, Alleluia!
 Praise eternal as His love, Alleluia!
 Praise Him, all you heavenly host, Alleluia!
 Father, Son, and Holy Ghost, Alleluia!

Let Us Pray: God of mercy, we no longer look for Jesus among the dead, for he is alive and has become the Lord of life. Increase in our minds and hearts the risen life we share with Christ, and help us to grow as your people toward the fullness of eternal life with you, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

First Reading: Isaiah 65:17-25

Psalm 118:1-2, 14-24

Second Reading: Acts 10:34-43

Gospel: Luke 24:1-12

Prayers of Intercession: Trusting God's promise of new life, we pray for the renewal of the church, the world, and all of creation.

-Share a distance appropriate sign of Christ's peace.

-Pray the Our Father as an act of communion.

-As the early Christians did at the end of the Sabbath Day or while hiding in the Upper Room and later the catacombs, I invite the head of the household to pray with the elements of the meal by reading aloud the Institution Narrative from Matthew 26: 26-30 or 1 Cor. 11:23-26. Even if you are alone, let your imagination take you beyond the walls to be in connection with all who raise their voices in remembrance and thanksgiving as the resurrected Body of Christ in the world. Break the bread together and drink the wine of salvation. Feel Christ's loving presence, dear Child(ren) of God.

The blessing of the living God, Father, † Son, and Holy Spirit, surround and sustain us, keep us from harm, and fill us with courage. Amen.

Offering {please support the church's ministry}

Closing Song: You Are Mine

I will come to you in the silence, I will lift you from all your fear
 You will hear My voice, I claim you as My choice;
 Be still, and know I am near

I am hope for all who are hopeless, I am eyes for all who long to see
 In the shadows of the night, I will be your light;
 Come and rest in Me

REFRAIN: Do not be afraid, I am with you. I have called you each by name
 Come and follow Me, I will bring you home. I love you and you are mine

I am strength for all the despairing, Healing for the ones who dwell in shame
 All the blind will see, the lame will all run free,
 And all will know My name. R

I am the Word that leads all to freedom; I am the peace the world cannot give
 I will call your name, embracing all your pain,
 Stand up, now, walk, and live. R

Happy Easter!!!

An Imagined Letter from Covid-19 to Humans

By Kristin Flyntz

Stop. Just stop.

It is no longer a request. It is a mandate.

We will help you.

*We will bring the supersonic,
high speed merry-go-round to a halt
We will stop
the planes
the trains
the schools
the malls
the meetings
the frenetic, furied rush of illusions and “obligations”
that keep you from hearing our
single and shared beating heart,
the way we breathe together, in unison.
Our obligation is to each other,
As it has always been, even if, even though,
you have forgotten.*

*We will interrupt this broadcast, the endless
cacophonous broadcast of divisions and
distractions, to bring you this long-breaking news:
We are not well.
None of us; all of us are suffering.
Last year, the firestorms that scorched the lungs of
the earth did not give you pause.
Nor the typhoons in Africa, China, Japan.
Nor the fevered climates in Japan and India.
You have not been listening.*

*It is hard to listen when you are so busy all the time,
hustling to uphold the comforts and conveniences
that scaffold your lives.*

*But the foundation is giving way,
buckling under the weight of your needs and
desires.*

We will help you.

We will bring the firestorms to your body

We will bring the fever to your body

*We will bring the burning, searing, and flooding to
your lungs*

that you might hear:

We are not well.

*Despite what you might think or feel,
we are not the enemy.*

We are Messenger. We are Ally.

We are a balancing force.

We are asking you:

To stop, to be still, to listen;

*To move beyond your individual concerns and
consider the concerns of all;*

To be with your ignorance, to find your humility, to

*relinquish your thinking minds and travel deep into
the mind of the heart;*

*To look up into the sky, streaked with fewer planes,
and see it, to notice its condition: clear, smoky,
smoggy, rainy? How much do you need it to be
healthy so that you may also be healthy?*

*To look at a tree, and see it, to notice its condition:
how does its health contribute to the health of the
sky, to the air you need to be healthy?*

*To visit a river, and see it, to notice its condition:
clear, clean, murky, polluted? How much do you
need it to be healthy so that you may also be
healthy? How does its health contribute to the
health of the tree, who contributes to the health of
the sky, so that you may also be healthy?*

Many are afraid now.

*Do not demonize your **fear**, and also, do not let it
rule you. Instead, let it speak to you—in your
stillness,
listen for its **wisdom**.*

*What might it be telling you about what is at work, at
issue, at risk, beyond the threats of personal
inconvenience and illness?*

*As the health of a tree, a river, the sky tells you
about quality of your own health, what might the
quality of your health tell you about the health of the
rivers, the trees, the sky, and all of us who share
this planet with you?*

Stop.

Notice if you are resisting.

Notice what you are resisting.

Ask why.

Stop. Just stop.

Be still.

Listen.

*Ask us what we might teach you about illness and
healing, about what might be required so that all
may be well.*

We will help you, if you listen.

Litany for Covid 19: Out of the Depths We Cry Out to You in the Face of the Coronavirus (for use with recording in Pastor Sermons)

Creator God of the universe, God of a thousand names and faces, divine source of health and wholeness, whose compassion embraces the entire community of Earth: behold your fearful people all over the world as we confront the coronavirus. Out of the depths we cry to you, O God. Holy God, hear our voices. Let your ear be attentive to our cries as we pray for all who may be affected by the virus: **Response is – We Cry Out to you, Protect them.**

For all health caregivers – nurses, physicians, aides, EMTs, paramedics, technicians and therapists; out of the depths, O God– **We cry out to you. Protect them.**

For hospital and nursing home medical staff, assistants, and housekeepers who have close contact with patients and for the patients themselves; out of the depths, O God – **We cry out to you. Protect them.**

For all who travel for their daily work over land and sea and through the air—flight attendants, pilots, ship captains and sailors, bus drivers, passengers and long distance truck drivers; out of the depths, O God– **We cry out to you. Protect them.**

For all who handle money—bankers, supermarket, village market and convenience store cashiers; out of the depths, O God– **We cry out to you. Protect them.**

For all who pump gas and serve customers at Interstate rest areas; out of the depths, O God– **We cry out to you. Protect them.**

For restaurant workers—bartenders, coffee shop baristas, cooks, servers, chefs, and dishwashers; out of the depths, O God– **We cry out to you. Protect them.**

For hospitality workers—hotel and motel receptionists, servers and housekeepers; out of the depths, O God– **We cry out to you. Protect them.**

For daycare center staff who cuddle and comfort children and for all children; out of the depths, O God–**We cry out to you. Protect them.**

For teachers and professors, coaches and cafeteria workers at schools and universities across the world and students everywhere; out of the depths, O God–**We cry out to you. Protect them.**

For the homeless huddling for warmth over steam grates and under urban bridges; out of the depths, O God–**We cry to you. Protect them.**

For the poor, the lonely, the vulnerable, migrants, and the isolated elderly who have no protectors; out of the depths, O God–**We cry out to you. Protect them.**

For clergy and people who eat the bread of life, drink from the common cup and pass the sign of peace; out of the depths–**We cry out to you. Protect them.**

For all who have tested positive, all who are waiting for test results, and all who are quarantined; out of the depths—**We cry out to you. Protect them.**

For all who have already died of the coronavirus, now free from pain and suffering. May the God of hope carry them all the way home, and comfort their families and friends; out of the depths—**We cry out to you. Protect them.**

Loving God, hasten the day when the virus will have run its course; quicken scientists to develop medications and vaccines; call out the best instincts of your people—love, neighborliness, compassion, and a sense of caring for every member of your beloved community on Earth. We pray out of the depths to you, O God of hope, whom we call Jesus, Allah, YHWH, Divine Mystery, Wakan Tanka, Great Spirit. Amen.

Anne and Jeffery Rowthorn, current Resident Scholars at the Collegeville Institute, wrote the previous litany for use in places of worship in the midst of the spreading coronavirus

Litany of Supplication

Pope Francis’ special Urbi et Orbi blessing: ‘God turns everything to our good’ (For use w/recording in Pastor’s Sermons)

We adore you, O Lord

True God and true man, truly present in this holy Sacrament.

We adore you, O Lord

Our Savior, God with us, faithful and rich in mercy

We adore you, O Lord

King and Lord of creation and of history

We adore you, O Lord

Conqueror of sin and death

We adore you, O Lord

Friend of humankind, the Risen One, the Living One who sits at the right hand of the Father.

We adore you, O Lord

We believe in you, O Lord

Only begotten Son of the Father, descended from heaven for our salvation

We believe in you, O Lord

Heavenly physician, who bows down over our misery

We believe in you, O Lord

Lamb who was slain, who offer yourself to rescue us from evil

We believe in you, O Lord

Good Shepherd, who give your life for the flock which you love

We believe in you, O Lord

Living bread and medicine for immortality, who give us eternal life

We believe in you, O Lord

Deliver us, O Lord

From the power of Satan and the seductions of the world

Deliver us, O Lord

From the pride and presumption of being able to do anything without you

Deliver us, O Lord

From the deceptions of fear and anxiety

Deliver us, O Lord

From unbelief and desperation

Deliver us, O Lord

From hardness of heart and the incapacity to love

Deliver us, O Lord

Save us, O Lord

From every evil that afflicts humanity

Save us, O Lord

From hunger, from famine and from egoism

Save us, O Lord

From illnesses, epidemics and the fear of our brothers and sisters

Save us, O Lord

From devastating madness, from ruthless interests and from violence

Save us, O Lord

From being deceived, from false information and the manipulation of consciences

Save us, O Lord

Comfort us, O Lord

Protect your Church which crosses the desert

Comfort us, O Lord

Protect humanity terrified by fear and anguish

Comfort us, O Lord

Protect the sick and the dying, oppressed by loneliness

Comfort us, O Lord

Protect doctors and healthcare providers exhausted by the difficulties they are facing

Comfort us, O Lord

Protect politicians and decision makers who bear the weight of having to make decisions

Comfort us, O Lord

Grant us your Spirit, O Lord

In the hour of trial and from confusion

Grant us your Spirit, O Lord

In temptation and in our fragility

Grant us your Spirit, O Lord

In the battle against evil and sin

Grant us your Spirit, O Lord

In the search for what is truly good and true joy

Grant us your Spirit, O Lord

in the decision to remain in you and in your friendship

Grant us your Spirit, O Lord

Open us to hope, O Lord

Should sin oppress us

Open us to hope, O Lord

Should hatred close our hearts

Open us to hope, O Lord

Should sorrow visit us

Open us to hope, O Lord

Should indifference cause us anguish

Open us to hope, O Lord

Should death overwhelm us

Open us to hope, O Lord

Anamosa Community Blood Drive
Thursday, April 23rd 2:00 pm – 6:00 pm
St. Paul's Lutheran Church – 201 N Ford St
Fellowship Hall

To sign up online, https://login.bloodcenter.org/donor/schedules/drive_schedule/81092

You may also sign up with Trevor Hulett at thulett@fmbank.biz

Coronavirus Key Points:

- Blood donation is safe!** Blood drives are safe environments where staff and donors are screened to be sure they are healthy and well and have not been exposed to the virus to be present. Individuals present to donate at staggered times and are processed through a safe and controlled environment.
- Blood has a short shelf life and must be constantly replenished.** Red blood cells must be transfused within 42 days, while platelets and thawed plasma must be transfused within 5 days. We rely on donors to continue to ensure patients have what they need.
- Please make (and keep) donation appointments to ensure an adequate supply.** Right now, we are working to prevent a national shortage of blood. The biggest risk to the blood supply is decline in blood donations from cancelled blood drives and loss in individual donations at donor centers.
- The blood supply is safe!** There is no evidence this virus or related viruses (SARS-1 and MERS-CoV) can be transmitted by a transfusion.
- We have implemented our Disaster Plan** and are following recommendations from local, state and federal health agencies to keep staff and visitors safe. Blood collection locations have always been regulated for health and safety and we are increasing communication with our teams and resources for cleaning to avoid spread of COVID-19. **NOTE: The CDC categorizes blood drives as an essential service to healthcare and are exempt from the restrictions being imposed nationally and locally.**
We need those who are healthy and well to continue to donate at our mobile blood drives so that we can keep a strong supply that supports our local communities and allows us to help in other areas during this crisis situation. All types are needed.

THE WELCOMING PRAYER

by Father Thomas Keating

Welcome, welcome, welcome.

I welcome everything that comes to me today
because I know it's for my healing.

I welcome all thoughts, feelings, emotions,
persons, situations, and conditions.

I let go of my desire for power and control.

I let go of my desire for affection, esteem,
approval and pleasure.

I let go of my desire for survival and security.

I let go of my desire to change any situation,
condition, person or myself.

I open to the love and presence of God and
God's action within. Amen.

The Serenity Prayer (by Reinhold Niebuhr)

God, grant me the serenity to accept the things I
cannot change, Courage to change the things I
can, And wisdom to know the difference.

Living one day at a time, Enjoying one moment at a
time, Accepting hardships as the pathway to peace.

Taking, as Jesus did, this sinful world as it is, not as
I would have it; Trusting that You will make all
things right, If I surrender to Your will; So that I may
be reasonably happy in this life, And supremely
happy with You forever in the next.

Amen